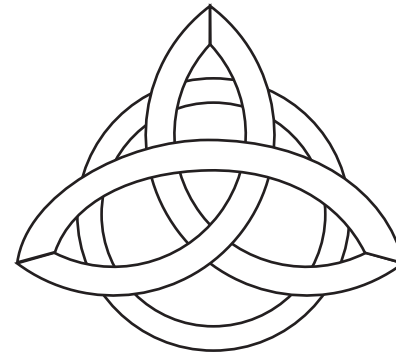
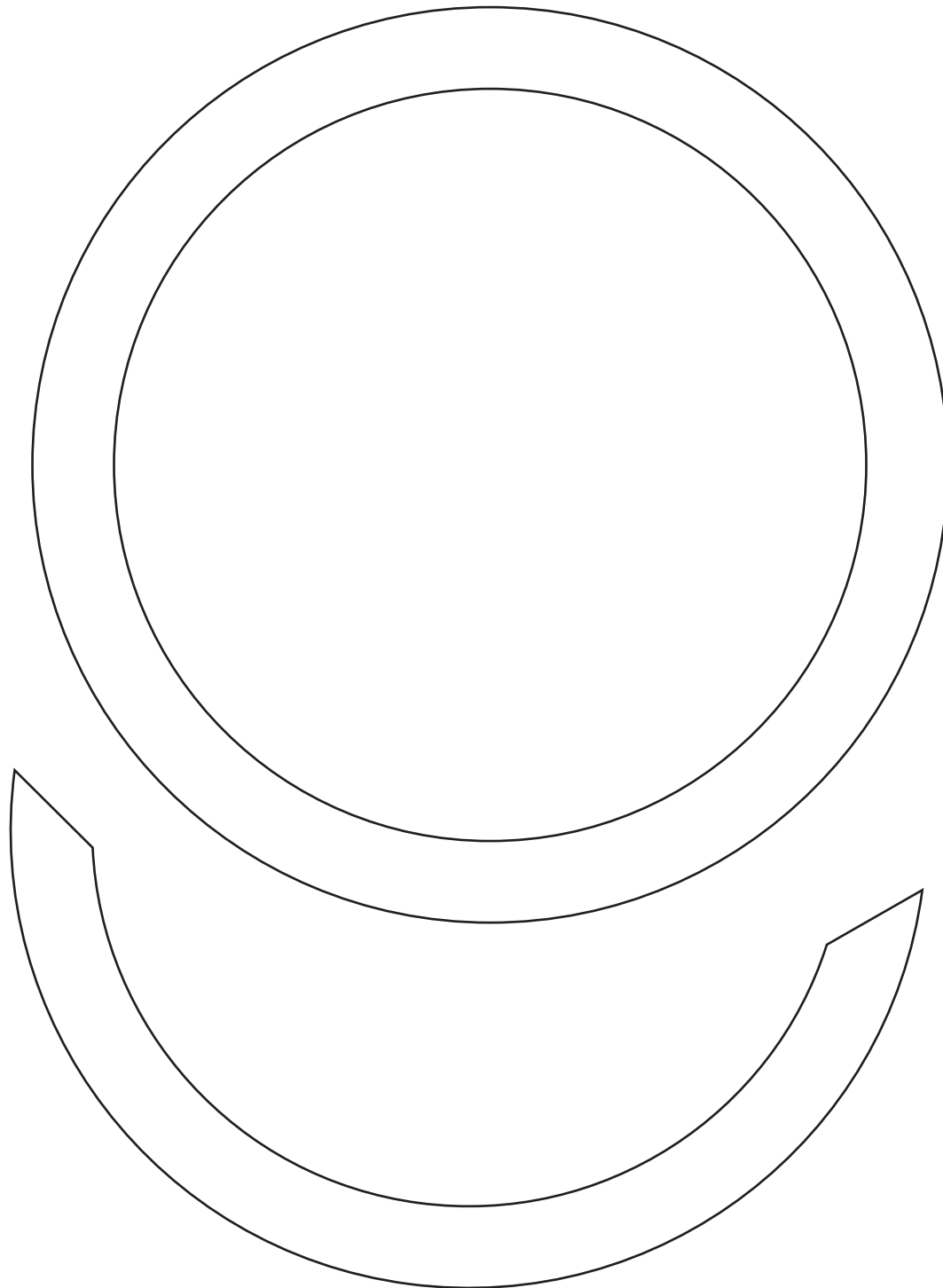
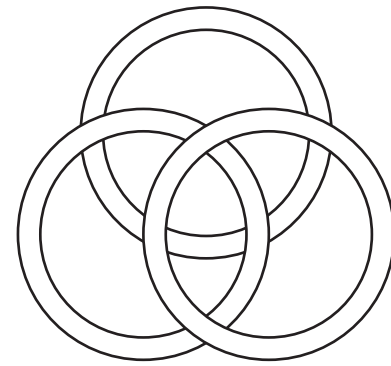


LIVE THE ADVENTURE!



Advanced



Novice

Background

The Celtic Knot was an important symbol in our story, *In Freedom's Cause*. It symbolized a special bond between William Wallace and his men on the battlefield and beyond. The Celtic Knot reminded them to stay true to three important things: God, their brothers, and Scotland. In Christianity, the Celtic Knot is often used as a symbol to represent the Holy Trinity.

Make Your Own Celtic Knot

Materials

- Felt or construction paper
- Scissors
- Extra construction paper in contrasting color
- Glue

Instructions

With the help of an adult, cut outside circle first, then cut inside circle. Construct to look like above pictures.

For Novice Knot - Cut three of the circles.

For Advanced Knot - Cut one of the circles. Cut three arcs.